

**Inspired living  
through writing**

**A personal development  
experience**

**WHY WRITE?**  
Take a moment for YOU.  
Gain new insights in this brief  
writing experience.

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## Denny Stockdale



### Mission:

To create a kinder world through writing, music  
and the power of Encouragement

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## OPPORTUNITIES

1. You will have FUN.
2. You will discover your own reasons to write
3. You will connect with yourself in a new and different way
4. You will increase your awareness of what is most important
5. You will gain new insights about yourself and others
6. You will heal from past problems and wounds
7. And more ...

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## Why Write?



- To process life events
- To remember what's important
- To have conversations with people we can't talk with
- To learn :
  - What do I stand for? What are my passions?
- To create:
- To celebrate:

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## Writing Exercise / Experience

### Why Write

*Take 5 minutes for YOU*



- Set a timer for 5 minutes
- Grab a pen and paper or sit down with your keyboard
- Have fun discovering reasons you might want to write.

**Please share your answers on**  
[www.TheKindnessConcert.com](http://www.TheKindnessConcert.com)

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## Action Items:

### Questions to consider



- What habits can you develop – starting today – to lead you on a more inspired life / writing life?
- Will you be more observant? How?
- Who can you turn to who will support your writing and encourage you to keep at it?

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Instruction does much,  
But ENCOURAGEMENT  
does everything  
*Johann Wolfgang Von Goethe*



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FOR PARTICIPATING

**Inspired living through writing**

**Why write?**

Please join our community  
[www.TheKindnessConcert.com](http://www.TheKindnessConcert.com)

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